



11th IUHPE European Conference on Health Promotion

Poster presentation recommendations

Please find the instructions for the preparation of your presentation for the conference:

- Your poster presentation should consist of **two slides (maximum)** in PowerPoint and a **pre-recorded video** of the presentation with a duration of **three minutes (maximum)**. We strongly recommend it to secure your intervention in case any technical difficulty may occur.
- Please use the attached **template** for your virtual poster. The template includes two slides for the content of the presentation, and the template for the **poster exhibition**.
- Your presentation in PowerPoint and the pre-recorded video should be sent to the email address iuhpeabSTRACTS@actoserveis.com **no later than May 21**.

To make the recording, there are two options:

1. Automatic recording with Zoom platform:

To make a video containing both your PowerPoint presentation and your camera image, please create an account on a video conferencing platform: <https://zoom.us>. Please start a new meeting, open your PowerPoint presentation and press **share screen** so that your presentation can be seen alongside your camera image. Move your camera image to a part of the screen that doesn't cover the PowerPoint content. The format of the slides must be **4:3**. Press "record" and explain each of the slides. Once the recording is completed, it will be saved in MP4 format on your computer.

2. PowerPoint + video

To record your slideshow with a narration, you can create a video in PowerPoint. You can find option "record your presentation" in the presentation of slide section. Once the presentation is completed, the file should be exported to MP4 format (low resolution). The format of the slides must be **4:3**.

If the file is larger than 10 Mb, you must send it via www.wetransfer.com. If the file is too large, you can make it smaller with free programs such as <https://www.videosmaller.com>.

Thank you very much for your attention. Please feel free to contact us if you have any questions.



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Important note: Speakers' image and voice will be registered for all the sessions for the duration of the Conference. The intellectual property rights of registered materials will be incorporated into the organisation's systems; the speaker thus transfers the rights to reproduction, distribution, public communication and transformation of those materials. If you do not agree please contact: iuhpeabstracts@actoserveis.com as soon as possible to opt out.

Yours sincerely,

Scientific Secretariat